



BREAKFAST MENU

INCINCI INTSIMBI (Basic English Breakfast) - 69

1 egg, 2 rashers of bacon, breakfast potatoes & toast

ALPHONSO'S DANCING GIRLS (Farmhouse) - 119

2 eggs, 3 rashers of bacon, grilled tomato, mushrooms, breakfast potatoes & toast

MARION DAWN KB16 (Eggs Benedict) - 95

2 poached eggs on our breakfast muffin, topped with bacon & homemade hollandaise sauce

TRAPPIESKOP (Eggs Florentine) - 95

2 poached eggs on our breakfast muffin, topped with mushrooms, grilled tomato, wilted spinach & homemade hollandaise sauce

BOOMSLANG OMELET - 89

Our three egg omelet filled with your choice of cheese, bacon & tomato **or** mushroom, cheese & tomato. Served with toast

KALK BAY SUNRISE - 89

Ciabatta toast, cottage cheese, basil pesto, cucumber ribbons, fresh rocket, sliced avocado & pumpkin seeds

THE GOLDEN REEF - 99

2 poached eggs served over sliced avocado, topped with crispy bacon, creamy feta & basil pesto

THE LIGHTHOUSE - 99

Croissant topped with mushrooms, wilted baby spinach, brie cheese, caramelized onions, balsamic reduction & basil pesto

CROISSANTS - 45

Served with butter & jam

EGGS HOW YOU LIKE THEM (2) - 39

Scrambled | poached | fried

Add: Mushrooms, baby spinach, cheddar, caramelized onions or feta - 29 each

Add: Bacon, Avo or Smokey Joe mince - 39 each

INCINCI INTSIMBI means small bell in Xhosa; Xhosa is one of South Africa's eleven official languages

a **BOOMSLANG** is a tree snake, but is also the name given to one of the many caves situated in the Kalk Bay Mountain

TRAPPIESKOP is the Afrikaans name for the little steeped mountain peak above the Kalk Bay Harbour

WHITE HORSES are the white-capped, breaking waves blown in by the South Easter.

ALPHONSO'S DANCING GIRLS

gets its name from Alphonso-the last of the local shipwrights who worked on the wooden fishing boats in Kalk Bay Harbour. One moonlit evening, a local found him sitting on the harbour wall, looking out over the water at the bobbing boats. When asked what he was doing, his reply was that he 'is watching his dancing girls'

Marion Dawn KB16 is one of the oldest and best known wooden hulled fishing boats in Kalk Bay Harbour. The fishing in False Bay is done with hand lines as all trawling is forbidden in the Bay.