



SEAWEED & SALT
KALK BAY

We envisioned a place where the rugged beauty of False Bay meets the warmth of a seaside retreat. A sanctuary by the ocean, if you will. The menu had to reflect the essence of Kalk Bay – fresh, local, and vibrant. The service, always welcoming, always thoughtful. This is our vision, and we can't wait for you to experience the magic of Seaweed & Salt

SPECIALS

available everyday from 07h30 - 10h00

BREAKFAST BUN 55

brioche bun, fried egg, bacon & hollandaise sauce

EGGS BENNY 85

poached eggs (2), english muffin, hollandaise sauce & bacon **or** mushroom & spinach

SUNRISE SPECIAL 69

eggs your way (2), bacon, grilled tomato, potato rostis (2) & toast

CROISSANT 85

topped with scrambled eggs & bacon **or** mushroom

BREAKFAST

the most important meal of the day | served until 11h30

FARMHOUSE 119

eggs your way (2), bacon, grilled, tomato, mushrooms, pork bangers potato rostis & toast

CHEESY OMELETTE 85

bacon & mushroom | mushroom & tomato, served with toast

PLAIN CROISSANT 42

add scrambled eggs + 25

GOLDEN REEF 99

poached eggs (2) served over sliced avo, topped with crispy bacon, creamy feta & basil pesto

EGGS YOUR WAY (2) 42

Scrambled | poached | fried served with sourdough see add-ons

BENEDICTS:

poached eggs (2), english muffin and hollandaise sauce:
bacon - 89
mushroom and spinach - 89
smoked salmon - 155

ADD IT ON

egg - fried poached	12	toast - white / brown	12	hollandaise	35
bacon avocado	35	pork bangers	42	side chips	35
tomato spinach	12	mushroom sauce	20	grated cheddar	15
sautéed mushrooms	19	smoked salmon	65	creamy feta	25

AM COCKTAILS

it's 12 o' clock somewhere

BLOODY MARY

tomato, vodka & trimmings - 95

MIMOSA

Steenberg Bubbles & OJ - 69

SUNRISE

espolon reposado - 95

COFFEE & TEA

Americano	35	Hot Chocolate	45	Ceylon Tea	29
Cappuccino	39	Chai Latte	45	Rooibos Tea	35
Flat White	40	Dirty Chai	52	Earl Grey Tea	29
Latte	42	Mocha	49	Green Tea	29
Single Espresso	18	Iced Mocha	49	Peppermint Tea	35
Double Espresso	28	Iced Coffee	35		
Irish Coffee	69	Red Espresso	29		
Kahlua Coffee	69	Red Cappuccino	35		